



Cloverdale Catholic School

17511 – 59th Avenue, Surrey, B.C. V3S 1P3

Telephone (604) 574-5151 Fax: (604) 574-5160

Dear Parents,

This year, we have decided to expand how we approach the topic of Sexuality and Your Child through an alternate delivery method. Historically we have hosted parent evenings for parents with children in Grades 4-7 through individual grade level sessions. Providing parents with greater opportunities to spend time with their children to discuss these issues is something we have been working towards. CISVA has made available to us Colleen Mast's program "LoveEd" which allows us to continue meeting the BC Ministry curriculum through an alternate delivery and honour our Catholic understanding that sexuality formation best happens in the family. The program provides a series of online videos for you to watch with your child. The videos are free for all parents to access (see attachments for instructions), however the print materials must be purchased at your cost, should you want a detailed training program. In order to help you avoid having to purchase the resources, I have attached suggested questions that accompanies the parent videos. I hope that these will provide you with a platform to start the meaningful conversations that will hopefully continue well beyond the videos.

This program covers important topics including:

- The scientific realities of puberty
- Daily struggles in social and family life
- Circles of Love and where children fit into their family, friendships, and future circle of romantic love.
- How children can prepare now to become pure and chaste
- Where children fit into God's plan for the world
- How children can strive to develop their talents to give their lives back to God, whether celibate or through marriage
- Age appropriate details about the reproductive system

As parents, you are your child(ren)'s primary educator. Please do not dismiss the important role you have in guiding your children on the right path during these very challenging times we live in. The good news is that studies show that you matter in your child's life and they do listen to what you say. You can do this!

I hope you find this program useful and meaningful. I would like to suggest that you preview the videos before you watch them with your child(ren) for the first time. The parent videos and reflection questions



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are available to you should you need support or preparation prior to starting the videos with your child(ren).

The attached information will explain how to set up your login information. Please note that you must sign in under “streaming” (tab at the top right) in order to watch the videos.

My prayers are with you and your children as you embark on this important journey!

God bless,

C. Heah
Principal